

LONDON JIZO ZEN CENTRE – SITTING DATES 2019

Under the guidance of Zen Teacher Sandy Chubb on the long afternoon/evening sits (in red), and Assistant Teachers Meg Vaughan-Fowler and/or Mark Hudson on the two-hour evening sits.

- **ALL SITS** are on **TUESDAYS** and ALL are at **Meditatio, St Marks Church**, Myddelton Square, EC1R 1XX (Angel tube) - *except* that **Jan 29 plus most subsequent 2nd Tuesdays in the month are in the Tower of St James's Church**, 197 Piccadilly, W1J 9LL – see below. *All sits are in Meditatio unless indicated St James.*

- To find out more about zen meditation in London, please email Mark Hudson at **londonjizo@gmail.com**

Jan 1 - NO SIT, national holiday

Jan 8 -NO SIT due to Sesshin, January 8-13, at The Carmelite Priory, Oxford, led by Sandy Chubb

Jan 15 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Jan 22 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Jan 29 - 5.45 to 7.45 pm, **St James** [since Meditatio is not available], with Meg Vaughan-Fowler/Mark Hudson

Feb 5 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Feb 12 - 5.45 to 7.45 pm, **St James**, with Meg Vaughan-Fowler/Mark Hudson

Feb 19 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Feb 26 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Mar 5 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Mar 12 - 5.45 to 7.45 pm, **St James**, with Meg Vaughan-Fowler/Mark Hudson

Mar 16, Saturday–London Koan Day at Meditatio from 10am to 4pm, led by Sandy Chubb

Mar 19 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Mar 26 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Apr 2 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Apr 9 - NO SIT due to Sesshin, April 9-12, at Oxford Zen Centre, Mortimer Drive, led by Sandy Chubb

Apr 16 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Apr 23 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Apr 30 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Apr 30 – May 26 - Sesshin in Sonnenhof, Germany, led by John Gaynor.

May 7 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

May 14 - 6 pm to 8 pm, **St James**, with Meg Vaughan-Fowler/Mark Hudson

May 21 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

May 25, Saturday – London Zazenkai at Meditatio from 10am to 4pm, led by Sandy Chubb

May 28 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Jun 4 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Jun 11 - 5.45 to 7.45 pm, St James, with Meg Vaughan-Fowler/Mark Hudson

Jun 18 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Jun 25 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Jun 27, Thursday - AGM at 5.30 pm followed by Summer Party in Mortimer Drive, Oxford

Jul 2 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Jul 9 - 5.45 to 7.45 pm, St James, with Meg Vaughan-Fowler/Mark Hudson

Jul 16 - NO SIT due to Sesshin, July 16-21, at The Carmelite Priory, Oxford, led by Sandy Chubb

Jul 23 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Jul 30 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

AUGUST – NO SITS

Sep 3 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Sep 10 - 5.45 to 7.45 pm, St James, with Meg Vaughan-Fowler/Mark Hudson

Sep 14, Saturday - Oxford Koan Day at Mortimer Drive from 10am to 4pm, led by Sandy Chubb

Sep 17 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Sep 24 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Oct 1 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Oct 8 - NO SIT due to Sesshin, October 8-11, at The Carmelite Priory, Oxford, led by Sandy Chubb

Oct 15 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Oct 22 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Oct 29 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Nov 5 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Nov 12 - 5.45 to 7.45 pm, St James, with Meg Vaughan-Fowler/Mark Hudson

Nov 16, Saturday - Oxford Zazen Day at Mortimer Drive from 10am to 4pm, led by Sandy Chubb

Nov 19 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Nov 26 - 5.45 to 7.45 pm, with Meg Vaughan-Fowler/Mark Hudson

Dec 3 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb

Dec 6, Friday – YAZA at Mortimer Drive from 8pm

Dec 10 - 5.45 to 7.45 pm, St James, with Meg Vaughan-Fowler/Mark Hudson

Dec 17 - 2 pm to 7.45 pm, with Zen Teacher, Sandy Chubb. Christmas supper.

Dec 24 NO SIT

Updated 8th December 2018