

OXFORD ZEN CENTRE Zazenkai Schedule, 2022

LOCATION: 12 Mortimer Drive, Old Marston OX3 ORR

In normal times, in person Zazenkai (sits) are from 6.30pm to 8.30pm; and the third Thursday each month is a long sit from 4pm to 8.30pm.

Currently, due to Covid, Zazenkais are (only) online via zoom from 5.45 to 7 pm on Tuesdays and Thursdays - until the Trustees deem it safe to begin sitting physically together again.

JIKI-JITSU

January	January 4	Sandy: Meditatio London, 2pm-7,45pm + Online	
	January 6	Sitting and Samu Oxford, 6.30pm-8.30pm	Pete
	January 13	Sitting, Oxford, 6.30pm-8.30pm	Cressida
	January 18	Sandy: Meditatio London, 2pm-7,45pm	
	January 20	Sitting Oxford + Online , 4pm – 8.30pm	Simon
	January 27	Sitting, Oxford, 6.30pm-8.30pm with Giles/Peter	Brian
February	February 1	Sandy: Meditatio London, 2pm-7,45pm + Online	
	February 3	Sitting and Samu Oxford, 6.30pm-8.30pm	Ed Rowe
	February 10	Sitting, Oxford, 6.30pm-8.30pm	John C
	February 14-17	WINTER SESSHIN at St Cassians, Kintbury, Berks	
	February 22	Sandy: Meditatio London, 2pm-7,45pm	
	February 24	Sitting, Oxford, 6.30pm-8.30pm + Online with Giles/Peter	Suna
March	March 1	Sandy: Meditatio London, 2pm-7,45pm + Online	
	March 3	Sitting and Samu Oxford, 6.30pm-8.30pm	David Barton
	March 10	Sitting, Oxford, 6.30pm-8.30pm	Pete
	March 15	Sandy: Meditatio London, 2pm-7,45pm	
	March 17	Sitting, Oxford, 6.30pm-8.30pm	John C
	March 19	Saturday Zazenkai at Meditatio, London, 10 am to 4 pm	
	March 24	Sitting Oxford + Online , 4pm – 8.30pm	Sally
	March 31	Sitting, Oxford, 6.30pm-8.30pm + Online with Giles/Peter	Anita

April	April 5	Sandy: Meditatio London, 2pm-7,45pm + Online	
	April 7	Sitting and Samu Oxford, 6.30pm-8.30pm	David Blowers
	April 12-13	SPRING ORIENTATION SESSHIN at Meditatio, London	
	April 14	Sitting, Oxford, 6.30pm-8.30pm	Giles
	April 19	Sandy: Meditatio London, 2pm-7,45pm	
	April 21	Sitting Oxford + Online , 4pm – 8.30pm	Cressida
	April 28	Sitting, Oxford, 6.30pm-8.30pm + Online with Giles/Peter	Brian
May	May 3	Sandy: Meditatio London, 2pm-7,45pm + Online	
	May 5	Sitting and Samu Oxford, 6.30pm-8.30pm	Sam
	May 12	Sitting, Oxford, 6.30pm-8.30pm	Giles
	May 14	Saturday Koan Practice Day, Oxford, 10 am - 4 pm	
	May 17	Sandy: Meditatio London, 2pm-7,45pm	
	May 19	Sitting Oxford + Online , 4pm – 8.30pm	John C
	May 26	Sitting, Oxford, 6.30pm-8.30pm + Online with Giles/Peter	Jules
June	June 2	Sitting and Samu Oxford, 6.30pm-8.30pm	David Barton
	June 7	Sandy: Meditatio London, 2pm-7,45pm + Online	
	June 9	Sitting, Oxford, 6.30pm-8.30pm	Ed Rowe
	June 16	Sitting, Oxford, 6.30pm-8.30pm + Online	Sam
	June 21	Sandy: Meditatio London, 2pm-7,45pm	
	June 23	Sitting Oxford , 4pm – 5pm followed by the AGM and Trustee Meeting. Then at 6.30pm the annual Summer Garden Party	Jules
	June 30	Sitting, Oxford, 6.30pm-8.30pm with Giles/Peter	Anita
July	July 4-7	SUMMER SESSHIN at St Cassians, Kintbury, Berks	
	July 12	Sandy: Meditatio London, 2pm-7,45pm + Online	
	July 14	Sitting and Samu Oxford, 6.30pm-8.30pm	Pete
	July 21	Sitting Oxford + Online , 4pm – 8.30pm	Ed Rowe
	July 26	Sandy: Meditatio London, 2pm-7,45pm	

	July 28	Sitting, Oxford, 6.30pm-8.30pm + Online with Giles/Peter	Sally
	AUGUST - ZEN BREAK - NO SHARED SITTING		
September	September 1	Sitting and Samu Oxford, 6.30pm-8.30pm	Sam
	September 6	Sandy: Meditatio London, 2pm-7,45pm + Online	
	September 8	Sitting, Oxford, 6.30pm-8.30pm	David Blowers
	September 15	Sitting, Oxford, 6.30pm-8.30pm	Suna
	September 20	Sandy: Meditatio London, 2pm-7,45pm	
	September 22	Sitting Oxford + Online , 4pm – 8.30pm	Anita
	September 24	Saturday Zazenkaï at Oxford, 10 am to 4 pm	
	September 29	Sitting, Oxford, 6.30pm-8.30pm with Giles/Peter	Jules
October	October 4	Sandy: Meditatio London, 2pm-7,45pm + Online	
	October 6	Sitting and Samu Oxford, 6.30pm-8.30pm	Giles
	October 13	Sitting Oxford, 6.30pm-8.30pm	JohnC
	October 18	Sandy: Meditatio London, 2pm-7,45pm	
	October 20	Sitting Oxford + Online , 4pm – 8.30pm	Simon
	October 27	Sitting, Oxford, 6.30pm-8.30pm with Giles/Peter	David Barton
November	November 1	Sandy: Meditatio London, 2pm-7,45pm + Online	
	November 3	Sitting and Samu Oxford, 6.30pm-8.30pm	Jules
	November 10	Sitting Oxford, 6.30pm-8.30pm	Pete
	November 15	Sandy: Meditatio London, 2pm-7,45pm	
	November 17	Sitting Oxford + Online , 4pm – 8.30pm	Cressida
	November 19	Saturday Koan Practice Day, Meditatio, London, 10 am - 4 pm	
	November 24	Sitting, Oxford, 6.30pm-8.30pm with Giles/Peter	Anita
December	December 1	Sitting and Samu Oxford, 6.30pm-8.30pm	David Blowers
	December 2-3	Yaza: an overnight sit to celebrate the Buddha's enlightenment; 8 pm - 4.30 am at 12 Mortimer Drive, followed by breakfast.	

	December 6	Sandy: Meditatio London, 2pm-7,45pm + Online					
	December 15	Sitting Oxford + Online , 4pm – 8.30pm					Brian
	December 20	Sandy: Meditatio London, 2pm-7,45pm					
	December 22	Sitting, Oxford, 6.30pm-8.30pm with Giles/Peter					Anita
Zen Christmas Break until January 5th, 2023							
COVID SAFETY							
To keep everyone safe and protected, we now require everyone either to have had all three vaccinations (ie including the booster) or to have taken a lateral flow test (even if you have had two vaccinations but not the booster yet) the first time you sit in Oxford or Meditatio in 2022 (where a record will be kept). Please tell the Jikijitsu (the first time you sit in person) that you have had the 3 vaccinations. OR that you have had a negative result from a lateral flow test taken BEFORE YOU COME on the same day EVERYTIME you come to sit..							
MEDITATION IN OXFORD Contact: Jason Doble – oxfordzen@google.mail.com. Sits take place on Thursdays at 12 Mortimer Drive, Old Marston, and Oxford.OX3 ORR Evening Sits are from 6.30 to 8.30 pm. Afternoon Sits							
MEDITATION IN LONDON Contact: Mark Hudson – mark@londonjizozencentre.org Sits takes place on Tuesdays at The Meditatio Centre, St Marks Church, Myddelton Square, Islington, London EC1R 1XX. Evening sits are from 5.45 pm to 7.45 pm. Long sits in Meditatio are led by Zen Teacher Sandy Chubb from 2pm to 7.45pm, with tea at 3.30pm- 4pm and shared supper at 5 pm followed by 5.45-7.45 pm evening sits (with Teisho							
JIKIJITSUS: If you have taken part in a Shoken ceremony you are invited to contribute to Zazenkais as a Jikijitsu. Note your Jikijitsu dates in your diary when they are arranged, and find cover for any date which is not convenient. Jikijitsus are not expected to do afternoon sits, unless they wish.							
TRUSTEES MEETINGS are open to all Sangha members. Meeting dates for 2022 tbc. The AGM and Summer Trustee Meeting takes place on Thursday 23rd June followed by a Garden Party for all sitters and their families at our Zendo at 12 Mortimer Drive. If you would like to raise an issue for discussion at the meeting (whether you can attend or not) please contact Simon Roffey: simonroffey@me.com or Elizabeth Spence: spence926@binternet.com at least 2 weeks in advance of the meeting.							
<i>The Oxford Zen Centre is part of the international Sanbo Zen community.</i>							
https://oxfordzencentre.org.uk/				https://londonjizozencentre.org/			
https://sanbo-zen-international.org/							